
SYDNEY NORTH SHORE

ARTARMON	Coffee Express	124 Hampden Road 9884 9077 GF pie's, friands and biscuits
BEECROFT	BPO Restaurant	95A Beecroft Road 9980 5011 Fresh seafood, meat & poultry dishes, risotto and GF cakes
CHATSWOOD	The Village Courtyard Cafe	Shop 56/47 Neridah Street 9413 2866 Gluten free pizza, pasta, biscuits & cakes (Professional Member)
	Muffin Break	Chatswood Chase Shopping Centre & Westfield Shoppingtown (Professional Member)
	Wellbeing	Westfield Shoppingtown
CREMORNE	Thai Spice House	Shop 6 271 Military Road 9807 9911 (Professional Member)
	Cape Comorin South Indian Restaurant	7/271 Military Road 9909 1150 (Professional Member)
	Banana Blossom	318a Military Road 9908 1588 GF menu available
CROWS NEST	Himalayan Char & Grill	Shop 18/ 103 - 111 Willoughby Road, Crows Nest Plaza 9966 5540 Most of menu is GF
	The Bombay Heritage	82 Willoughby Road 9906 5596 Indian restaurant (Professional Member)
	Sapporo Japanese Restaurant	94 Willoughby Road 9436 3435 (Professional Member)
	Garfish Restaurant	Unit 2/29 Holtermann Street 9966 0445
	La Tavola Garden Restaurant	16 Falcon Street 9438 5118 All meals are cooked to order so can be adapted. Please advise of GF requirement when booking
EASTWOOD	Mand's Indian Restaurant @ Eastwood	255 Rowe Street 9874 5429 Gluten free dishes available. Please notify staff of requirement
	Rumbles Fine Café	136 Rowe Street 98046603 (Professional Member)
	AJ's Indian Restaurant	58A Balaclava Road 9874 9090 Large range of GF options available. Ask for Sanjay
EPPING	Zappi's Pizzeria	17 Oxford Street 9876 2218 GF pizza
GLADESVILLE	Il Bolognese Italian	150 Pittwater Road 9817 0666 A number of GF items available. Check with the knowledgeable staff
	Crust Gourmet Pizza Bar	261 Victoria Road 9879 0022 (Professional Member)
	Pepino's Mexican Restaurant	181 Victoria Road 9817 1988 Most ingredients are fresh with most dishes able to made GF on request
	Muffin Break	Gladesville Shopping Centre (Professional Member)
GORDON	Swiss Deli	Gordon Shopping Centre 802 - 808 Pacific Hwy 9499 4000 Variety of GF options
HORNSBY	Muffin Break	Westfield Shopping Centre
	Julian's Pizza & Pasta	Shop 2031 Florence Street 9482 2422
	Brewhaha	286A Pacific Highway 9477 2541 GF cakes and bread available
	Cafe on 3: David Jones Hornsby	Westfield Shoppingtown: Cnr Edgeworth David Avenue & George Street 9472 3770 GF menu available
	Pakwaan Indian	Food Court, Westfield Shoppingtown 9987 0575
HUNTERS HILL	Jaspers Restaurant	54 Alexandra Street 9879 3200 GF items marked on the menu
KIRRIBILLI	Milsons Restaurant	17 Willoughby St 9955 7075 GF items marked on the menu
	Garfish Restaurant	Unit2/21 Broughton Street 9922 4322
LANE COVE	Caesars Pizza Palace	Shop 6/43 Burns Bay Road 9427 6197 GF pizza base
	Crust Gourmet Pizza Bar	8/73 Longueville Road 9418 9222 (Professional Member)
LINDFIELD	Indigo Restaurant	304 Pacific Highway 9416 1229 GF meals marked on the menu (Professional Member)
	Belaroma Cafe/Restaurant	Unit 1/2, 303 Pacific Highway 9416 8392 A number on GF options on menu. Dishes made fresh to order

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MOSMAN	Orso Bayside Restaurant	79 Parriwi Road, The Spit 9968 3555 GF bread always available. All meals listed on menu can be served GF on request
	The Tea Room: Gunners' Barracks	End of Suaking Drive, Georges Heights 8962 5900 GF afternoon tea
NAREMBURN	GF Sandwich Company	10/29-33 Glenmore Street 0404 059 708 GF sandwiches
NEUTRAL BAY	Bistro Paris	Shop 9, 81 - 91 Military Road 9953 5669 All staff fully trained & conversant with the needs of those on a GF diet
	IKU Wholefoods Pty Ltd	Shop 2 The Grove (rear of 168 Military Road), Cnr Grosvenor Lane 9953 1964
	Mrs Top Restaurant	242 Military Road 9909 1969 GF requirements easily catered for - just make your needs known to staff
NORTH RYDE	Muffin Break	Macquarie Centre
	Atrium Brasserie	North Ryde RSL Community Club: Cnr Magdala Road & Pittwater Road 9888 7588 Gluten free items marked on the menu
	Vogue Cafe	60 Macquarie Centre, Cnr Herring & Waterloo Roads 9887 2570 Gluten free soup, bread, risotto, biscuits and muffins (Professional Member)
	Coffee Fest	Shop K401 Macquarie Shopping Centre (opposite Greater Union Cinemas) 9888 9194 GF pastries, slices & gelato as well as biscuits & cakes
NORTH SYDNEY	Muffin Break	Greenwood Plaza (Professional Member)
	Wellbeing	105 Miller Street
NORTHBRIDGE	Borruso's Pizza & Pasta	1/65 Strathallen Avenue 9967 5706 GF pizza, pasta and salads
	Pizza Tuttis	144 Sailors Bay Road 9967 9700 GF Pizza (Professional Member)
PENNANT HILLS	Kath's Kitchen	Shop 14/5 Hillcrest Road 9875 1014 GF items marked on the menu
	Belmonte Pizzeria	116 Yarrara Road 9481 8778 GF pizza bases
	Wild Cactus Pennant Hills	86 Yarrara Road 9484 6066 GF Cakes, Tira Mi Su, Pizza and more
ROSEVILLE	Elkarim Restaurant	126 Pacific Highway 9416 4099 Most menu items are GF, just ask our friendly staff
	Lebanese Cuisine	
	Pizza Olla	130 Pacific Highway 9416 1811 GF pizza & pasta
ST IVES	Rosedale Cottage Restaurant	175 Rosedale Road 9144 6561 GF items marked on the menu
	Rave ov St Ives	1/351 Mona Vale Road 9488 8942 GF items marked on menu
	Rosedale Cottage Restaurant	175 Rosedale Road 9144 6561 GF items marked on the menu
THORNLEIGH	Sapore Di Mare	Shop 4/2c Bellevue Street 9875 4469 A number of menu items are GF
TURRAMURRA	Crust Gourmet Pizza Bar	2 Rohini Street 9440 2124 (Professional Member)
TURRAMURRA NORT	Quattro	Shop 4-5/1 Normurra Avenue 9988 3982 GF pizza and meals. Dine in, takeaway & home delivery options available
WAHROONGA	Pizzacutters Wahroonga	Shop 2 rear of 35 Redleaf Avenue 9487 7333 GF pizza bases available, with GF toppings marked on the menu (Professional Member)
WAVERTON	Finks Fabulous Foods	69 Bay Road 9957 5753
WEST RYDE	Pages Cafe - Koorong Books	28 West Parade 9857 4441 GF options available
WILLOUGHBY	Brass Razoo Restaurant	533 Willoughby Road 9958 5734 Knowledgeable chef always on duty
	Crust Gourmet Pizza Bar	344 Penshurst Street 9417 7755 (Professional Member)

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