
SYDNEY SYDNEY CITY

CIRCULAR QUAY	Mad Mex - Fresh Mexican Grill	AMP Plaza, 50 Bridge Street 9231 3663 Majority of menu is gluten free
	One Alfred Street	Shop 1, 1 Alfred Street 9241 4636 GF menu available
	Peter Doyle @ the Quay	Overseas Passenger Terminal 9252 3400 Selection of fresh, grilled fish & seafood
DARLING HARBOUR	Zaaffran Restaurant	345 Harbourside Shopping Centre: Level 2, 10 Darling Drive 9211 8900 Most dishes offered are gluten free
DARLINGHURST	Pakwaan Indian	Harbourside, Food Court 09/ 2 Darling Drive 9211 8576
	Cortile Pizza	265 Crown Street 9356 2888 Gluten free pizza, risotto and desserts
	Tandoori Palace	86 Oxford Street 9331 7072 Gluten free items are marked on the menu. All curries are gluten free.
	Global Burgers	2/13 Kirkeaton Road 9356 4535
	Malabar Indian Restaurant	6/247 Victoria Road 9332 1755 Knowledgeable chef & staff. Everything on the menu is gluten free except the breads and samosas
	Almond Bar	379 Liverpool Street 9380 5318 Knowledgeable chef and manager
	Iku Wholefoods Pty Ltd	62-64 Oxford Street 9380 9780
	Mad Mex - Fresh Mexican Grill	Shop 2, 241 - 247 Crown Street 9331 7788 Majority of menu is GF
	Fu Manchu	249 Victoria Street 9360 9424 Separate gluten free menu
	Pod Cuisine	373 Bourke Street, Taylors Square 9380 6522 All food is 100% GF
EAST SYDNEY	Sitar Indian Restaurant	52-54 Oxford Street 0402 433 438 All gluten free dishes are marked on the menu
	Forbes & Burton	252 Forbes Street (corner Burton Street) 9356 8788 GF items marked on the menu
	Beppi's Restaurant	21 Yurong Street (Cnr Stanley Street) 9360 4558 A number of GF dishes available
PYRMONT	Thai Princess Restaurant	118 Crown Street 9332 3284 GF menu available
	Viva Goa	2 Scott Street 9566 1311 Please advise chef of your GF requirement when ordering. All main courses are GF
SYDNEY	Sky Phoenix Chinese Restaurant	Level 3 Skygarden, 77 Castlereagh Street 9223 8822 Able to prepare GF items when requested
	The Tea Room: Queen Victoria Building	Level 3, North End, Queen Victoria Building, 455 George Street 9283 7279 GF afternoon tea
	Wellbeing	10-20 Bond Street
	Wellbeing	345 George Street (enter via Barrack Street)
	Wellbeing	115 Pitt Street
	Wagamama	The Galleries Victoria: Level 1, 500 George Street 9261 0292
	Muffin Break	Centrepoint
	Muffin Break	MLC Centre
	Muffin Break	Sydney Central Plaza
	Wellbeing	9-19 Elizabeth Street
	Kingsleys Steakhouse	29a King Street 9295 5080 A number of gluten free menu items
	GPO Cheese & Wine	Lower Ground Floor, No 1 Martin Place 9229 7701 GF crackers available on cheese plates & for retail sale
	Bilson's Restaurant	Radisson Plaza Hotel, 27 O'Connell Street 8214 0496 A number of menu items are GF. Discuss your requirements with staff
Wagamama	38 Bridge Street 9252 8696	
The Restaurant, Art Gallery of New South Wales	The Art Gallery of NSW, The Domain, Art Gallery Road Knowledgeable staff	

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NOTE: (Professional Member) indicates that this establishment is a member of the Coeliac Society of NSW Inc.

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SYDNEY	Becasse Restaurant	204 Clarence Street 9283 3440 Knowledgeable Chefs and wait staff happy to offer alternative menu items
	Wagamama	49 Lime Street, King Street Wharf 9299 6944
	Capital Grill	1 Macquarie Place 9247 4445 Most of the menu is gluten free. Happy to tailor menu to suit any dietary need
	I'm Starvin	Shop 6/2 Bridge Street 9247 5377 Tortilla wraps, nougat, muesli bars, salads, rice paper rolls (Professional Member)
	Botanic Garden's Restaurant	Mrs Macquaries Road 9241 2419
	The Ivy Cafe	Shop 209 Level 2 / 77 (Sky Garden) Castlereagh Street 9223 3448 A range of GF options
	IKU Wholefoods Pty Ltd	MLC Centre, Shop 6, No 19a Martin Place 9233 8001
	P.J. O'Brien's Irish Pub	57 King Street 02 9290 1811 Separate gluten free menu available
	IKU Wholefoods Pty Ltd	AMP Centre, Shop 15 The Food Court, 50 Bridge Street 9232 4223
	Playfair Terrace at Old Sydney Holiday Inn	55 George Street 9252 0524 Gluten free items are marked on the menu
	Martin Place Bar	51 Martin Place (cnr Elizabeth Street) 9231 5575 GF menu items marked on the menu
	IKU Wholefoods Pty Ltd	The Met Centre, Shop T22, Level 4, 273 George Street 9251 0111
	Mosaic Restaurant	1 Martin Place 8223 1111 GF muffins & bread available at breakfast and banquets. Experienced team of chefs able to manage requests
	IKU Wholefoods Pty Ltd	Kiosk 33, Level 1, 2 Chifley Square 9232 5062
THE ROCKS	Dare Foods (Delicious and Responsible Eating)	Shop 22, The Rocks Centre, Playfair Street 9251 1445 Huge selection of GF products including kebabs, beer, pancakes etc.
WALSH BAY	Wharf Restaurant	Hickson Road Pier 4 Walsh Bay 9250 1761 - ring beforehand

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